



# HAR KI DHUN

S U M M E R T R E K



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# Har Ki Dun Trek

## Explore the Valley of Gods with Gujarat Adventure Club Har Ki Dun Trek – A Mythological & Scenic Adventure

Har Ki Dun Trek is one of the best trekking destinations in Uttarakhand, offering a blend of mythology, adventure, and stunning Himalayan landscapes. Known as the "Valley of Gods", this trek is believed to be the same route taken by the Pandavas in the Mahabharata. Whether you are a beginner or an experienced trekker, this moderate-difficulty trek is perfect for those who want to explore the untouched beauty of the Himalayas.

### Highlights of Har Ki Dun Trek

- Altitude: 11,800 feet (3,600 meters)
- Duration: 7 days
- Total Distance: 43 km
- Difficulty Level: Moderate
- Best Season: Summer (April–June) & Autumn (September–November)
- Starting Point: Sankri
- Trek Type: Well-defined trails, rocky paths, forested sections, and river crossings
- Har Ki Dun trek cost from Ahmedabad available
- Har Ki Dun trek package with transportation from Ahmedabad



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## Har Ki Dun Trek – A Mythical Himalayan Adventure Best Trekking Package from Gujarat

### Explore the Legendary Har Ki Dun Trek with Gujarat Adventure Club

Har Ki Dun Trek is one of the best trekking destinations in Uttarakhand, offering a mesmerizing journey through ancient Himalayan trails, mythological legends, and breathtaking landscapes. Known as the "Valley of Gods", this trek is believed to be the same route taken by the Pandavas in the Mahabharata on their ascent to heaven.

Located in the Garhwal Himalayas, Har Ki Dun Trek is a moderate-difficulty trek, making it ideal for beginners and experienced trekkers. The trek passes through lush meadows, dense pine forests, glacier-fed rivers, and remote Himalayan villages, offering an immersive cultural and adventure experience.

This all-season trek can be done in summer, autumn, and winter, each offering a unique trekking experience. Book your Har Ki Dun trek package from Ahmedabad with Gujarat Adventure Club and explore the best trekking experience in Uttarakhand.



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## WHY CHOOSE HAR KI DUN TREK?

### Mythological & Historical Significance

- Walk along the legendary trail of the Pandavas, with breathtaking views of Swargarohini Peaks.
- Visit the ancient Osla temple, dedicated to Duryodhana, built over 5,000 years ago.

### Stunning Himalayan Landscapes

- Trek through dense pine forests, alpine meadows, and glacier-fed rivers.
- Witness panoramic views of Swargarohini, Black Peak, and Hata Peak.
- Spot rare wildlife, including the Himalayan Monal, barking deer, and leopards.

### Best Trekking Destination in Uttarakhand

- A perfect all-season trek, offering lush greenery in summer and snow-covered trails in winter.
- Moderate trek difficulty, suitable for beginners and experienced trekkers.



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## **BEST TIME TO VISIT HAR KI DUN TREK**

### **SUMMER TREK (APRIL - JUNE)**

- Lush green valleys, blooming rhododendrons, and comfortable temperatures.
- Ideal for photography and first-time trekkers.

### **AUTUMN TREK (SEPTEMBER - NOVEMBER)**

- Clear skies, vibrant autumn colors, and breathtaking views.
- Stable weather conditions make it one of the best trekking seasons.

### **WINTER TREK (DECEMBER - MARCH)**

- Experience Har Ki Dun snow trek with breathtaking frozen landscapes.
- Perfect for adventure seekers who love trekking in snow.

## **HAR KI DUN IS IDEAL FOR ALL-SEASON TREKKING**

### **HOW DIFFICULT IS HAR KI DUN TREK?**

- Moderate Trek Difficulty – Suitable for beginners and experienced trekkers.
- Total Distance: 43 km trek over 7 days.
- Highest Altitude: 12,720 ft, providing stunning Himalayan views.
- Essential Trekking Gear: Warm clothes, waterproof trekking boots, poncho, and gloves.



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## DETAIL ITINARARY

### DAY 01: AHMEDABAD TO DELHI – JOURNEY BEGINS

- The trip starts with an overnight train or bus from Ahmedabad to Delhi, covering approximately 950 km in 12 to 14 hours. This journey allows trekkers to relax and prepare for the thrilling experience ahead. For a comfortable journey, opt for AC sleeper coaches or express trains from Ahmedabad.

### DAY 02: DELHI TO DEHRADUN – ENTER THE GATEWAY TO THE HIMALAYAS

- Upon reaching Delhi, travelers will have time to freshen up and have breakfast before boarding a train or bus to Dehradun. The Delhi to Dehradun distance is approximately 250 km, taking around 6 to 7 hours by road or rail. Upon arrival in Dehradun, trekkers can explore local attractions like Robber's Cave, Tapkeshwar Temple, and Paltan Bazaar before resting at a budget-friendly hotel for the night.

### DAY 03: DEHRADUN TO SANKRI – THE TREKKING BASE CAMP

- Early in the morning, travelers will be picked up from Dehradun Railway Station at 7:00 AM for a picturesque drive to Sankri. This 190 km scenic drive via Mussoorie, Kempty Falls, Damta, Purola, and Mori takes approximately 8 to 9 hours.
- At an altitude of 6,309 ft, Sankri Village is the starting point for Har Ki Dun Trek. Upon arrival, trekkers will check into The Grand Shiva Homestay and enjoy a hot meal before an important trek briefing session in the evening.

### DAY 04: SANKRI TO DHARKOT AND TREK TO CHELUDGAD – THE ADVENTURE BEGINS

- After a hearty breakfast, a 21 km drive from Sankri to Dharkot via Taluka takes about 1.5 hours. From here, the trek to Cheludgad Camp begins, covering 6 km in 4 to 5 hours through dense forests and scenic trails. At an altitude of 8,158 ft, Cheludgad is an ideal campsite surrounded by Himalayan beauty. The evening will be spent enjoying campfire stories and a traditional dinner under the stars.



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## **DAY 05: TREK FROM CHELUDGAD TO BHOSLA CAMP - WITNESS HIMALAYAN SPLENDOR**

- The trekking trail becomes more challenging as the group embarks on a 12 km trek from Cheludgad to Bhosla Camp, taking around 7 to 8 hours. Passing through alpine meadows and dense forests, trekkers will experience stunning views of the Garhwal Himalayas. At an altitude of 9,795 ft, Bhosla Camp provides an authentic Himalayan camping experience.

## **DAY 06: EXPLORATION DAY - HAR KI DUN VALLEY, MANIDA TAL, OR JAMADAR GLACIER**

- This is the most awaited part of the trek, where trekkers explore the Har Ki Dun Valley, one of the most picturesque locations in the Himalayan trekking circuit. Covering 8 km in 6 to 7 hours, the trail offers panoramic views of the Swargarohini Peak and Manida Tal (Glacial Lake). Trekkers can also visit the Jamadar Glacier, a hidden gem in Uttarakhand's trekking scene.

## **DAY 07: TREK FROM HAR KI DUN TO CHELUDGAD VIA OSLA VILLAGE OR DEVSU BUGYAL**

- After enjoying a mesmerizing sunrise at Har Ki Dun, trekkers begin their 13 km descent to Cheludgad via Osla Village or Devsu Bugyal, taking approximately 6 to 7 hours. Osla is famous for its ancient temples and unique architecture, offering a glimpse into the traditional Himalayan lifestyle. After reaching Cheludgad, trekkers can rest and enjoy a warm meal.

## **DAY 08: TREK FROM CHELUDGAD TO DHARKOT - TALUKA AND DRIVE TO SANKRI**

- On this day, the 6 km trek back to Dharkot takes 5 to 6 hours. After reaching Dharkot, a short 21 km drive to Sankri completes the descent. Upon arrival in Sankri, trekkers can explore local markets selling trekking gear, handmade souvenirs, and local delicacies. This is the last night in the mountains, offering time to reflect on the incredible journey.



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### **DAY 09: SANKRI TO DEHRADUN AND RETURN TO DELHI**

- After an early breakfast, travelers begin their 190 km return journey from Sankri to Dehradun, which takes around 8 to 9 hours. After reaching Dehradun, trekkers board a train or bus back to Delhi, covering another 250 km in 6 to 7 hours. The overnight journey provides time to relax before returning home.

### **DAY 10: DELHI TO AHMEDABAD – THE FINAL LEG**

- Upon reaching Delhi in the morning, travelers can enjoy breakfast before boarding a train or bus to Ahmedabad. Covering 950 km in 12 to 14 hours, this final journey offers time to reflect on the breathtaking trek.

### **DAY 11: ARRIVAL IN AHMEDABAD – TREKKING MEMORIES FOR A LIFETIME**

- By morning or early afternoon, trekkers will reach Ahmedabad, officially marking the end of the Har Ki Dun Trek adventure. This journey will leave participants with lifelong memories, stunning photographs, and a deep appreciation for the Himalayas.







## ESSENTIAL PACKING LIST FOR HAR KI DUN TREK

Packing the right gear is crucial for a safe and comfortable trek in the Himalayas. Here's a detailed checklist of things to carry for the Har Ki Dun Trek from Ahmedabad.

### CLOTHING & LAYERING (STAY WARM & COMFORTABLE)

- ✓ Base Layer (Moisture-wicking thermal wear) – 2 pairs
- ✓ Trekking T-shirts (Full-sleeve, quick-dry) – 3-4 pairs
- ✓ Fleece Jacket/Pullover – 1-2
- ✓ Insulated Down Jacket (For cold temperatures)
- ✓ Waterproof & Windproof Jacket (Mandatory)
- ✓ Trekking Pants (Synthetic, Quick Dry) – 2-3 pairs
- ✓ Thermal Innerwear – 1-2 pairs (for night use)
- ✓ Woolen Gloves & Waterproof Gloves
- ✓ Woolen Cap/Beanie (Protect ears from cold)
- ✓ Neck Gaiter or Balaclava (For cold wind protection)
- ✓ Socks – 4-5 pairs (Woolen + Synthetic)

### FOOTWEAR (FOR COMFORTABLE TREKKING)

- ✓ Trekking Shoes (Waterproof, high-ankle, with good grip)
- ✓ Camp Shoes/Sandals (For resting at the campsite)
- ✓ Gaiters & Crampons (If required for snow conditions)

### BAGS & BACKPACKS

- ✓ Trekking Backpack (50-60L) with rain cover
- ✓ Daypack (20-30L) for carrying essentials during the trek
- ✓ Waterproof Packing Bags/Dry Bags (To keep clothes & electronics dry)





### **HEADGEAR & SUN PROTECTION**

- ✓ Sun Cap/Hat (To avoid sunburn)
- ✓ Sunglasses (UV Protection) (Essential for snow glare)
- ✓ Sunscreen Lotion (SPF 50+)
- ✓ Lip Balm (Cold-resistant)

### **HYDRATION & NUTRITION**

- ✓ Water Bottle (1-2 liters) (Reusable & insulated)
- ✓ Electrolyte Powder (ORS, Glucose, etc.)
- ✓ Energy Bars, Dry Fruits & Chocolates

### **SLEEPING ESSENTIALS (OPTIONAL)**

- ✓ Sleeping Bag (Provided, but you can carry a personal one for extra warmth)
- ✓ Lightweight Travel Pillow

### **Trekking Gear & Safety Equipment**

- ✓ Trekking Poles (Adjustable, lightweight)
- ✓ Headlamp/Torch (With extra batteries)
- ✓ Personal First Aid Kit (Bandages, antiseptic, painkillers, personal medicines)

### **Personal Hygiene & Toiletries**

- ✓ Toothbrush & Toothpaste
- ✓ Biodegradable Soap/Shampoo
- ✓ Wet Wipes & Tissues





## INCLUSIONS (INCLUDED IN THE PACKAGE)

### ACCOMMODATION

- ✓ 1 Night stay at a hotel in Dehradun (twin/triple sharing).
- ✓ 1 Night stay at The Grand Shiva Homestay, Sankri (twin sharing).
- ✓ 6 Nights stay in Tents during the trek (camping in nature).

### TRANSPORTATION

- ✓ Ahmedabad to Delhi & Delhi to Ahmedabad By Train
- ✓ Delhi to Dehradun & Dehradun to Delhi by Bus
- ✓ Dehradun to Sankri & return Sankri to Dehradun (Private vehicle).
- ✓ Sankri to Dharkot (Taluka) & return (Shared vehicle).

### MEALS

- ✓ Pure Veg Meals throughout the trek.
- ✓ 7 Breakfasts, 7 Lunches, and 7 Dinners (freshly prepared during the trek).

### TREK SUPPORT & SAFETY

- ✓ Experienced & Certified Trek Guide with first-aid training.
- ✓ Trekking Permits & Entry Fees for Har Ki Dun Valley.
- ✓ First Aid Kit with Oxygen Cylinder for emergencies.
- ✓ Crampons & Gaiters if required in snowy conditions.

### TREK EQUIPMENT

- ✓ High-quality tents (twin sharing) & sleeping bags.
- ✓ Toilet tents & dry pits at campsites.
- ✓ Mattresses & trekking poles for support.

## EXCLUSIONS (NOT INCLUDED IN THE PACKAGE)

- ✗ Any kind of personal expenses (laundry, porter service for personal luggage, etc.).
- ✗ Meals during transit (Ahmedabad-Delhi-Dehradun).
- ✗ Mules or porters for carrying personal luggage (available at extra cost).
- ✗ Travel insurance (recommended to purchase separately).
- ✗ Emergency rescue & evacuation costs (if required).
- ✗ Anything not mentioned in the inclusions section.



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# TERMS AND CONDITIONS

- This is a Adventure & Trekking Tour not a leisure tour.
- All the facilities, Activities, Proposed Schedule/Itinerary and services mentioned above are clearly subject to weather conditions and all other unforeseen situations like Vehicle strike/Forest permit issues/Government restriction OR Safety reason or others.
- In some critical conditions and circumstances due to various reasons like Weather and unavailability of Transportation, fewer participants, government restriction according to COVID-19 situation schedule/trek/itinerary/camp can be changed or cancelled by the organization without any prior notice.
- No refund will be given in case the participant terminates the tour at any point due to any reason.
- Discipline during the camp duration is must and all are expected to follow instructions given by the Volunteer /Instructor /Guide.
- Misbehave / Arguing with the volunteers /guide /instructors will be considered as disciplinary issues & Speaking abusive language will be reacted strictly and may lead to cancel a Participation.
- Smoking and Tobacco, Alcohol & Drugs are strictly prohibited and if any found suspect in such case, immediate cancellation of member Participation and no further service/return ticket/refund will be paid.
- Only Pure Veg Food is allowed inside the campsite area.
- During Camp stay and others, Girls and Boys Accommodation are Separate.
- Shorts are not allowed during the activity hours and Trekking with a view to Safety form weather & camp discipline.
- Not any participant is allowed to leave the Camp/hotel/guest house for any reason
- without permission of the camp manager.
- No Person/Gujarat Adventure Club will be not responsible for any loss of the luggage or valuables carried by the participants.
- "Gujarat Adventure Club" reserves all rights to cancel/shorten/modify the itinerary, and the Final decision is authorized with "Gujarat Adventure Club Administration"
- Any cost arising from unknowing circumstances like bad weather, roadblocks, landslides or any other situation due to COVID-19, any government restrictions, Transportation disability is not including in camp fees.
- Any damage to properties like a tent, equipment, or any other thing by the participant is payable at a time during camp.
- Participants have to accept that they are attending the camp/activity at their own risk& responsibility. Gujarat Adventure Club or any person is not responsible for any such case/injury/accident (even death), etc.



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## Payment and Cancellation

- For all the services contracted, certain advance payment should be made to hold the booking, on confirmed basis & the balance amount can be paid either before your departure from your destination, definitely before the commencement of the services. Management personnel holds the right to decide upon the amount to be paid as advance payment (Half Payment), based on the nature of the service & the time left for the commencement of the service. Rest of Amount must be paid before One day of Departure.
- If a Camp is called off at the last moment due to a natural calamity / unforeseen circumstances (like rains, earthquake, landslides, strike decided by management team etc.), we will issue the full fees. Cancellation is on full fees Otherwise you can change your camp dates if it is possible by us. The cancellation charges For National Camp / Tour:

LEVEL	DURATION	CANCELLATION %	REFUND %
1	More then 31 Days	10%	90%
2	Between 21 to 30 days	25%	75%
3	Between 08 to 20 days	50%	50%
4	Between 01 to 07 days	75%	25%
5	In last 24 hours	90%	10%



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