

Sar pass

ABOUT TREKKING AT SAR PASS

Sar Pass trek will let you, the traveler, experience it all, starting from trekking through forests of pine and groves of rhododendrons, to camping in the high-altitude Grahani Village. The trek allows the takers to witness the Himalayas covered in lush greens and pristine white in Kasol, a small village perched at the height of 1580m in Parvathi Valley, located in the Kullu. The Sar Pass trek is gaining popularity as a favorite amongst those seeking adventure in Kasol or Kullu.

The initial part of the Sar Pass trek is housed within stunning woods that seem like something right out of a fantasy movie. The scenery shifts from grassy meadows to the Winter land of Narnia midway through the trek! Patches of green and brown are veiled under a layer of powdery snow. The last hour or two of the trek to the main Sar Pass is the most thrilling part, as the incline of the slope is nearly 90 degrees! As daunting as it sounds, the surrounding Himalayan beauty overpowers your fear and fatigue. The highlight of the Sar Pass trek is the descent from Sar Pass, which can't be traversed by trekking, give the steep incline. You have to slide down the slope! It feels like a roller coaster ride, only better. Experience your heart racing, and soul rejoicing as the little child in you comes shrieking alive!

The Sar Pass Trekking trail is blessed by the dense green forests, crystal clear waterfalls, thrilling trails, several species of Himalayan plants and flowers. The first campsite Grahani Village is the remote village on the route. Here you will experience the traditional architecture houses built



years ago and amazed that till now they are as it is. Min thatch is an open place in remoteness like a ground where locals used to feed their cattle. The last camping location before Sar Pass is Nagaru. The top of the pass is the most beautiful. From there you will experience the marvelous views of Himalayan Peaks, Valleys and forests. Becker is again a beautiful place with lush green meadows. Another specialty of Bishkeri is here you will have a chance to observe species of Himalayan birds. It is an excellent place to spend a night under the open sky and with twinkling stars. The trek is best enjoyed during the months of April to October when a thick blanket of snow blankets the route at higher altitudes! The terrain swerves from being a fairytale forest to a winter wonderland with beautiful subtlety. Ensnaring the senses with a lovely caress of the visual and spiritual beauty, Sar Pass promises you a camera full of postcard-worthy photographs, and a heart full of lifetime memories. Make your foray into the world of Himalayan trekking with Sar Pass, which guarantees to leave you begging for more adventures.

ACTIVITIES TO DO

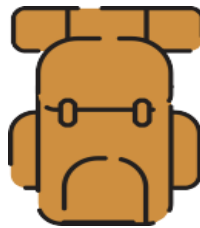
The main activity while accessing Sar Pass is Trekking. Another event is camping, bird watching and photography. All these Villages you will pass through are remote. So by having camped, there will be the most beautiful experience. There you can experience the most amazing views of the galaxy. A full bill feeling will remain throughout out trekking. Capture all the moments and scenic views for the lifetime memory, so whenever required, you can call them through photographs. While trekking at the higher altitudes, you will experience many rare species of Himalayan birds



THINGS TO KNOW ABOUT THE SAR PASS TREK

Sar Pass Trek Difficulty Level:	Easy to Moderate
Maximum Altitude:	13,800 ft.
Gradient:	Rocky and steep
Landmarks Covered:	Grahan Village, Mung Thach, Nagaru, Min Thach, Bishkeri - Barshaini – Manikaran
Electricity:	Electricity will be available in Kasol campsite, however there will be no electricity at the campsite on the trek.
ATM:	Kasol is the last point where you will get ATM.

WHOLE SAR PASS TREK IS WITH SCENIC AND PHOTOGENIC AND BREATH-TAKING VIEW!



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DETAILS ITINERARY

DAY 1 DELHI PICK UP

6: 00 PM Reporting at ISBT Delhi, Majnu Ka Tilla, Pal Travel Lines office to board your bus to Kasol. Overnight Volvo semi-sleeper bus journey till Kasol.

DAY 2 ACCLIMATIZATION DAY AT KASOL

Reach Kasol. Report to base camp till 11:00 AM - Briefing Trek Preparation & window shopping. This day is kept free for your reporting only you can go to Manikaran or nearby market places such as Kasol for Shopping or needed equipment's and other materials. Kasol is the base for most of the trekking trails in Parvati valley. It is also known for authentic Israeli cuisine. (Sufficient time would be given for visiting market and nearby places).

ACCOMMODATION IS PROVIDED BY US, FOODING WILL BE FROM YOURSIDE.



DAY 3

KASOL - GRAHAN VILLAGE 1700M - 2350M (10 MINUTES DRIVE) (7- 8KM. TREK) (5-6HRS.)

Wake up in the early morning get freshen up and get ready for the trek.

8: 15 AM - Luggage deposit. 8: 30 AM - Move from Kasol.

It will take approximately 10 minutes to reach the trek trail. The trekking will start from Kasol to Grahan village. First drive on road till the trail starts. The trail leading up to the village is frequently used by the locals and you might find villagers passing by. The trail leads through lush green dense forest, streams and waterfalls. The trail is easy at initial. Soon the gradient transforms into rocky and steep after crossing the Grahan Nallah. As we get closer to the Grahan Village the trail becomes pretty steep for a while and the village is visible. The campsite at Grahan is located near to the village and is surrounded by the Rhododendron trees. Grahan village is as ancient as hundreds of years. One can charm traditional houses beautiful evenings and take pics of the locals near the camp. The beauty at the camp becomes more comfortable and scenic as one gets acquainted, this camp is

heaven for photographers, artists and nature lovers. Spend the night at serene campsite.

MEALS: ALL MEALS PROVIDED EXCEPT BREAKFAST.

**DAY 4 GRAHAN - MIN THACH 2350M - 3400M
(6 - 7HRS) (APPROX 7- 8KMS)**

Today we trek about 6 to 7 hours to Min Thach. The trail to Min Thach is usually used by the locals to take their livestock to higher pastures. The trail offers great range of flora and fauna birds, insects etc. As we go higher the trail becomes steeper and leads into the woods. On the way we stop at amazing lunch point in between the forest at Ratapani. The trail through the forest eventually opens up to a grassy patch of land. After that the forest will vanish slowly and open grounds and valleys are visible.

One can admire the snowcapped mountains and valley below. Before approaching to the camp, we have to climb a steep section. The Min Thach is located on the hillock and is surrounded by the flat rocks. The sunset and sunrises at this camp offers great views. One can also cherish gazing stars and milky way at night.

MEALS: ALL MEALS PROVIDED.

**DAY 5 MIN THACH - NAGARU 3400M - 3800M
(5 - 6HRS.) (APPROX 8-9KMS)**

On this day make an early start to approach Nagaru. The trail today is comparatively steep than the previous route. It will take about 7 hrs. to reach Nagaru. The trail climbs through pastoral forests to snow-covered meadows, which makes it a little tricky. As you climb higher the air becomes thinner and you might face little altitude sickness such as headache, dizziness. These symptoms are normal reactions of the body. So take as much water and keep your hands, nose, eyes, and ears open to acclimatize better. But in any additional situation, we provide all the facilities including the first aid kit, portal oxygen, oximeter and pulse meter. While getting closer to the camp chilling

winds hit on your face, which realizes one of the altitudes gained. The surroundings become more open and broader at these heights (12,500ft.). It is the coldest campsite of the whole trek because of the gusty winds. The temperature can go below zero at night. Once you reach the campsite at Nagaru one would experience picturesque views of magnificent mountains across the Parvati Valley. Enjoy the sunset painting the sky with different colors and the night full of stars at this beautiful campsite.

MEALS: ALL MEALS WILL BE PROVIDED

**DAY 6 NAGARU - SAR PASS - BISHKERI 3800M - 4182M - 3350M
(7-9HRS.) (12-13KM.)**

Again make an early start for a long trekking day. The trail comes with snow and steep tracks on most of the route till the pass and beyond. After climbing the Nagaru ridge, the trail is moderate. On the way, there is a canteen near the lake where one can have Maggi, tea, coffee, etc. Climbing higher to the pass offers mind-blowing views of the stunning meadows and towering peaks of Parvati valley. One should walk slow and steadily while climbing upwards. Though walking on the snow is easier. As approaching the top, the gradient becomes steeper just a few meters below the pass. That's the only steep part that needed to be crossed for the day. Reaching the top of the pass gives a feeling of satisfaction by looking at the mighty Himalayan snow-capped peaks green meadows and the trail below. One can spend some time at the Sar pass having his packed lunch and taking pics. After the pass, there is a great slope ideal for sliding which takes one a kilometer far within minutes. Then continue trekking down on gentler slopes through rhododendron trees till the Bishkeri Thach.

After a long tiring day, the lush green meadows, wildflowers, and a variety of birds at Bishkeri can rejuvenate your body and mind with energy. We'll camp for a night at this soothing site.

MEALS: ALL MEALS PROVIDED.



DAY 7

BISHKERI - BARSHAINI - MANIKARAN-DELHI 3350M - 2400M (4– 6HRS) (9-10KM.)

The trail from Bishkeri to Barshaini is mixed with downhill to moderate. On this route, one has to be careful walking each step on the slope. Again, walking slow and steady will help one to approach the road-head easily. We will climb down through dense forests of deodar oak and pine. Many little streams will pass by the trail. On the way, beautiful meadows huge trees, piles of fallen and rotten logs will give a prehistoric feeling. Herds of wild cows, bulls, and horses can be seen on lower pastures.

One can taste lassi (Buttermilk) sold by the locals while climbing down. A couple of tea shops will pass by, where one can enjoy their preferred food. After hours of mesmerizing forest trek, we reach Pulga village. From there moderate walk to Tulga village. Then cross the Parvati River and climb for a while to reach Barshaini.

From Barshaini we will take a bus or taxi. Then we reach Manikaran in an hour. Manikaran is the most famous hot spring you can find in Kullu - Manali region. It is also one of the sacred places for Hindus and Sikhs. After Manikaran one will board a SEMI-SLEEPER VOLVO bus in the evening towards Delhi. Overnight bus journey will be there.

MEALS: BREAKFAST/BRUNCH PROVIDED.

DAY 8

DELHI DROP

Reach Delhi till 11: 00 AM. with lots of cherish able memories and time of your life. With a new experience of SAR PASS Trek to check out your bucket list.

INCLUSION

- ✓ Accommodation on sharing basis. Separate for male and female. (For twin sharing extra charges will be applicable) Transport required in the trek by bus.
- ✓ For Delhi-Delhi Batches Semi-Sleeper Volvo bus ticket for both the ways i.e. Delhi-Kasol & Kasol-Delhi.
- ✓ Highly advanced & certified mountaineering guide from Himalaya Destination Skilled Guide who has ample knowledge of the route.
- ✓ Cloakroom to keep extra luggage.
- ✓ Vegetarian meals on the trek (Breakfast/Lunch/Dinner). Vegetarian meals only., Jain food will be provided.
- ✓ Cooks/Helper and other requisite staff. Porters/mules for carrying common equipment (like rations/tents/utensils/) High-quality tents and sleeping bags in all the camps.
- ✓ Sleeping bags can withstand temperatures as low as -10 ° C. First aid kit, oxygen cylinders, oximeter, medicines, etc. will be with guide/trek leader and at the campsite as well to deal with emergencies
- ✓ All trekking, Forest Permits, and camping charges are included.

EXCLUSION

- ✓ Personal Porters for carrying trekker's backpacks
- ✓ Personal insurance or cost of emergency evacuation Purchases of personal natures (Like mineral water bottles/bottled or canned beverages/chocolates/dry fruits etc.)
- ✓ Food to/from the trail head and at the
- ✓ 5% GST



THINGS TO CARRY

- ✓ Trekking Shoes: You need good trekking shoes with good grip & ankle support. Do not carry sports shoes.
- ✓ Clothing: You need to have warm clothes with a single-layer feather/fiber jacket warm, fleece, or down feather jacket. Carry 1 or 2 full sleeves t-shirt.
- ✓ For lowers carry cotton pants suitable for the trek. Do not carry jeans or shorts for trekking.
- ✓ Thermals: Carry top and bottom thermals.
- ✓ Socks: 2 pair of regular socks and 2 pairs of woolen / warm socks.
- ✓ Headlamps/touch with extra batteries. Sunglasses: To protect from sunlight in snow you require UV rays protected sunglasses.
- ✓ Woolen Cap and Gloves are also necessary as the climate will be cold. Carry waterproof gloves as they get wet in snow.
- ✓ Lunchbox & Water bottle: Every participant should carry Lunch box, water bottle, plates, cup and spoon of their own.
- ✓ Raincoat/Ponchos: At high altitudes, snowfall and rain are quite common and it's mandatory to carry a poncho so that one doesn't get wet.



MANDATORY DOCUMENTS

- ✓ Registration Form Medical Certificate (signed by a registered MBBS doctor)
- ✓ NOC form (by trekker)
- ✓ Original ID Proof



PAYMENT

Payment for the trek can be done online through credit/debit card or net banking, Cheque/draft or cash are accepted. 50% of the trek cost will be advance payment for the booking of seat and balance amount must be paid 20 days' prior of the event to confirm the booking.

CANCELLATION POLICY

- ✓ Before 20 days to the start of the trek — 20% Refund
- ✓ Less than 20 days to the start of the trek — no refund
- ✓ If a trek is called off at the last moment due to a natural calamity/unforeseen circumstance (like rains, earthquake, landslides, strike etc.) no amount will be refunded.



www.gujaratadventureclub.com

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